

Hispanic Health Committee

August 19, 2008

Minutes

1. **Welcome** – Helen – welcome to Diabetes Ass'n of Greater Cleveland: local organization which funds research, summer intern program for potential diabetes researchers; collaborates with community agencies, including Hispanic Senior Center, Neighborhood Family Practice and Steps to a Healthier Cleveland to do outreach/education in the community.
2. **Minutes:** reviewed and approved.
3. **Roundtable Community Forum-** Miriam Hernández: will be at West Tech Lofts, date to be announced later. (Secretary's note: it will be 9/23, 6:00-8:00). All area teams will participate, explaining plans and progress; can recruit others to get involved. Also Andrés González is looking into Roundtable's ability to do podcasts of the Cardiovascular/Diabetes Committee's presentation on Best Practices for the Convención website.
4. **Subcommittee reports:**
 - a. **Cardiovascular/Diabetes:** Mary Ann Nicolay- committee will meet at 9:00 before next mtg at NFP. The grant to train 2 Spanish-speaking dietetic technicians was rejected; they are looking for other funding.
 - b. **Directory:** update next month- chair José Estremera is out of town.
 - c. **Mental Health:** (Anamaria Tejada for Evelyn Rivera-Mosquera) Evelyn is starting a group for Latino parents. Anamaria Carrillo, psychologist, will be doing a workshop on behavior issues and ADHD for Latino parents in October; mtg this Friday, 8/22 at NAMI, 10:30. Evelyn is working with Latino pastors to address mental health issues in their congregations. Family to Family has trained 2 bilingual support people (one is Lydia Fernández) to work on grief issues in the Latino community.
 - d. **Title VI/Access:** Mary Jo Tadsen- committee is contacting potential partners and resources for workshop in April. Four topics to be covered:
 1. The Law and Language
 2. Health Insurance and Immigration Issues
 3. Interpretation/Translation- Resources and related Issues
 4. Finding Bilingual Staff
5. **Employment and Family Services Collaboration Opportunity:** Miriam Hernández. EFS wants to apply for a grant from the OH Commission on Minority Health for Minority Health month (4/09) and is looking for a partner to put on one health-related event. Contact Aida Idiaquez at EFS.
6. **Retreat report:** Anamaria. The HHC retreat will be held Friday, Sept. 12, starting with lunch at 12:00 at the Hospice of the Western Reserve. We are planning the retreat with Sarah Spengler, who facilitated last year. More info later.
7. **Officer's Job descriptions:** Mary Jo. Elections will be coming up in December. Each officer described their job and the amount of time it requires, and asked members to start thinking about running. Mary Jo will re-write job descriptions for next mtg, as they have changed since we first wrote them.

- 8. Networking Time:** Mary Jo. Many members have been wanting time to network with others, so beginning this month we will plan mtgs (as before) for 9:30-11:00, but will schedule mtg rooms for 9:30-11:30, so members can stay after the formal mtg to talk.
- 9. Announcements:**
- **Anamaria :** OH Latino Health Coalition if having a forum about Latino health needs, Friday, 8/29, 9-3, Lorain Community College in Elyria. Call Anamaria for info.
 - **Deborah Mardenborough/Gary Walker:** VNA Hospice/ Mental Health/House Calls programs doing outreach to Hispanic/Latino, African- American Communities to educate about what Hospice is and to listen to needs of the Communities, to reduce disparities and distrust. VNA can also provide mtg When needed. They need bilingual staff and volunteers. Contact Deborah or Gary for info.
 - **Peter Whitt:** (Center for Health Equity at CSU) 1. has a grant from NIH w/ including Neighborhood Family Practice;
2. OH Community Health Workers Ass'n- 15 counties of northern OH, open to Health workers; next mtg., 10/9, on Self-Care/Self-Defense/Meditation. Contact Peter for info.
 - **Mary Jo:** Latinos for Obama organizing mtg, 8/26, 5:30, to plan voter Registration. Call Evelyn Rivers-Mosquera for info.
 - **Deborah:** 10/17, all-day Health Disparities Conference-“We Have Overcome” Myths and Fears of End of Life; \$75, 6 CEUs, for RNs, SWs.
2.10/7, Cleveland Convention Center- Conversation on Differences- Hispanic/Latino, African-America, Asian focuses. Contact Deborah
 - **Anamaria Tejada:** 10/7, 8:30-4:30 Office of Minority Health,fitness and Nutrition.
 - **Tim McCue:** 8:30, 8/26 conference on Aging and the Workforce, Children’s Museum.
 - **Walk-a-Hound, Lose a Pound – 2 groups ,** call Tim for info
 - **Mary Ann Nicolay:** Best Practices in Blood Glucose Monitoring, 9/10, 6:00-8:00 p.m, free to health professionals, at Diabetes Ass’n of Greater Cleveland. Divabetics Day- Makeovers for Your Health – minimakeovers and free Consults with health educators; need volunteers- call Mary Ann.
 - **Lydia Fernández:** 9/13, workshop on Human Rights and Social Justice, 9-2, St. Ignatius High School, speaker from Guatemala. \$10, call 696-6525, x4300 to register, or Lydia at 661-7735.
 - **Laurel Domanski-Diaz:** 8/25, Neighborhood Family Practice fundraiser at Johnny Mango’s. get coupon from Laurel; eat lunch or dinner there and 20% of Profits go to NFP.
 - **Ruth Donovan:**Race for the Cure, 9/13. Call Ruth for info.
 - **AIDS Walk,** 10/4, University Circle. Call Ruth for info.

Next mtg: Tuesday, 9/16, 9:30, Neighborhood Family Practice, 3569 Ridge Road. (Cardiovascular/Diabetes subcommittee will meet at 9:00.)